

WHY KIDS NEED 4-H CAMP NOW MORE THAN EVER!

WWW.NC4HCAMPS.ORG



4-H CAMP PROMOTES PHYSICAL HEALTH

Combined with activities like swimming, canoeing, horseback riding, hiking and more, youth learn how to enjoy physical activity.



4-H CAMP TEACHES INDEPENDENCE

Children are encouraged to push their boundaries, step out of their comfort zones and grow self-confidence necessary to become independent.



4-H CAMP CULTIVATES A SENSE OF BELONGING

4-H Camp gives young people the opportunity to be themselves while appreciating others with values, attitudes and abilities different from their own.



4-H CAMP TEACHES RESPONSIBILITY

For many, 4-H camp is a first experience cleaning a cabin or setting a table. It may also be the first time campers work with others to overcome challenges.



4-H CAMP BUILDS AFFINITY FOR NATURE

Far from the digital screens at home, 4-H campers are fully immersed in the natural world.



North Carolina Cooperative Extension is an equal opportunity provider.

Learn more about our three 4-H centers.

Youth **DO NOT** need to be enrolled in 4-H to participate.



eastern4hcenter.org
252-797-4800



bjpenn4h.org
336-349-9445



millstone4hcamp.com
910-652-5905